

Ballroom Lines



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with

MARCUS and KAREN HILTON
THE WORLD TEN DANCE PROFESSIONAL CHAMPIONS

Produced for the

ALEX MOORE LETTER SERVICE



Welcome to the first in the series of Competition Figures on Video.

On this tape we show you the line figures that are popular with today's competition dancers.

At this level of dancing there are many interpretations used in creating some of the lines, so we are using the generally accepted methods to enable the dancer to gain a strong technique from which to develop to a more individual style.

To enable the line to be used within a dancer's choreography, we are showing an entry and exit that is suitable for competitive use without being complex. When the line can be danced from a normal Facing Position, or from Promenade Position the technique of the line figure is often different; therefore we will show an entry from both positions.

Please do note that sometimes there will be a slight difference in amount of turn, or foot alignment, when danced fully to the music, to that shown when the figure is broken down and no swing is possible into the line.

To give you an idea of the figures as danced by a World Class couple - Marcus & Karen Hilton are going to give us a full demonstration of their competitive work, before we take each figure in detail.

So - sit back, and enjoy the entertaining dancing of the World Ten Dance Champions - MARCUS & KAREN.

We hope you enjoyed the dancing, and are now ready to learn the lines. All the work given is suitable for the competition dancer, and the Medal Dancer who is now developing to more advanced figures. Where there are technical differences to the figures as given in the Revised Technique of Ballroom Dancing by Alex Moore we will make this clear.

On each page of this booklet you will find the written description in the same order as the figures appear on the Video. We do hope you will find this method of presentation really helpful.

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Figure 1 - THE OVERSWAY IN THE SLOW FOXTROT

FALLAWAY REVERSE TURN - REVERSE PIVOT - OVERSWAY - HOVER TO PP - OPEN NATURAL TURN.

CYMBEL facing DC -

- | | | | |
|-------|-------------|--|-----|
| 1-4 | <u>MAN</u> | LF fwd into FALLAWAY REVERSE TURN and REVERSE PIVOT to end facing IOD | |
| | <u>LADY</u> | Starts RF back | S&Q |
| 5-6 | <u>MAN</u> | LF fwd facing IOD into Steps 1 and 2 of REVERSE TURN to end backing DW. Lower quickly at end of Step 2(toe, heel) | |
| | <u>LADY</u> | RF back into Heel Turn. Note rhythm | Q |
| 7 | <u>MAN</u> | LF back, then sideways down, then along LOD, end in PP with L toe pointing DW. Body turn slightly less and Sway Line to L. R leg softly extended, R toe pointing DW against IOD. | |
| | <u>LADY</u> | RF fwd and slightly to side along LOD to end in PP, R toe pointing DC. L leg softly extended, L toe pointing DC against IOD. Head line to R.
(Note the difference to the OVERSWAY as written in the Revised Technique). | S |
| 8 | <u>MAN</u> | Slowly change sway from L to R into the OVERSWAY Position. | |
| | <u>LADY</u> | Turn to L on RF to return square to Man to end with RF backing between Wall and DW against LOD. Head slowly turns to L into OVERSWAY Position. | SS |
| 9 | <u>MAN</u> | Close RF to LF, straightening sway and turning body to R into PP. | |
| | <u>LADY</u> | Close LF to RF turning head to R into PP | Q |
| 10 | <u>MAN</u> | LF to side in PP moving DW | |
| | <u>LADY</u> | RF to side in PP | Q |
| 11-13 | <u>MAN</u> | Continue RF fwd in PP into OPEN NATURAL TURN | |
| | <u>LADY</u> | Starts LF fwd in PP | S&Q |

THE THROWAWAY OVERSWAY Like the OVERSWAY, the THROWAWAY OVERSWAY can be danced in all four standard dances, and we have chosen to show this Figure in the Quickstep, Tango & Waltz. The entries we have given for the OVERSWAY could also be used for the THROWAWAY OVERSWAY. The main technical difference between the two figures is the Man will overturn his body when creating the OVERSWAY LINE causing the Lady to THROWAWAY her LF behind her body.

Figure 3 - THE THROWAWAY OVERSWAY IN THE QUICKSTEP

QUICK OPEN REVERSE TURN-THROWAWAY OVERSWAY-ROLL ENDING-QUICK LOCK-LOCK STEP

COMETICE facing LOD -

- | | | | |
|-----------------------------|-------------|---|-----|
| 1-3 | <u>MAN</u> | LF fwd into Steps 1-3 of QUICK OPEN REVERSE TURN to end backing LOD. | |
| | <u>LADY</u> | Starts RF back | SQQ |
| 4-5 | <u>MAN</u> | RF back backing LOD(S). Turning 3/8 to L, LF to side in PP moving along LOD, pointing DW. R leg softly extended, pointing DW against LOD on inside edge of toe. L knee flexed, slight body turn to R and slight sway to L(S). | |
| | <u>LADY</u> | LF fwd(S). RF to side in PP, head line to R and extended to R side(S). | SS |
| 6 | <u>MAN</u> | Turning body to L to face between DW and LOD and sway slightly to R, lead Lady to turn to L. | |
| | <u>LADY</u> | Turning on RF to L to end backing between DW and LOD, pass LF under body and extend backwards without weight, to end pointing to Wall on inside edge of toe. The head will slowly turn to L and extend backwards(S) | S |
| 7 | <u>MAN</u> | Take weight sideways to RF turning 1/4 to R to face DW against LOD. LF brushes towards RF, slight L sway, down. | |
| | <u>LADY</u> | LF to side, RF brushes towards LF, head turn to R. | S |
| 8 | <u>MAN</u> | Still turning 3/8 to R, LF to side and RF brushes towards LF to back Wall, slight R sway looking towards Lady's head, down. | |
| | <u>LADY</u> | RF to side, LF brushes towards RF, head turns to L. | S |
| 9 | <u>BOTH</u> | Repeat Step 7, turning 3/8 to R to end facing DW. | S |
| Now into Peppercot action - | | | |
| 10-12 | <u>MAN</u> | LF fwd facing DW(toe)(Q), cross RF towards LF(&) LF fwd(toe)(Q) | |
| | <u>LADY</u> | Starts RF back(toe) RLR | QQQ |
| 13-14 | <u>MAN</u> | Cross RF behind LF(Q), LF fwd (toe, lower)(Q) | |
| | <u>LADY</u> | Cross LF in front of RF(Q). RF back(Q). | QQ |
- Continue with any Natural Figure.

COMMENCE facing DC -

- Continue with any suitable Promenade Figure.

NOTE: Although the rhythm of the changes of Line is given as (S) on Steps 12 & 13, the feeling is to dance the movement as quickly as possible (Count &) then hold the line for Count (S).

Figure 5 - THROWAWAY OVERSWAY IN WALTZ

FALLAWAY REVERSE TURN - REVERSE PIVOT - OPEN TELEMARK - THROWAWAY OVERSWAY FROM PP - HOVER TO PP - CHASSE FROM PP

COMMENCE facing DC -

- | | | | |
|-------|-------------|---|---------|
| 1-7 | <u>MAN</u> | LF fwd into FALLAWAY REVERSE TURN - REVERSE PIVOT - OPEN TELEMARK to end in PP moving along LOD. | |
| | <u>LADY</u> | Starts RF back | 123&123 |
| 8 | <u>MAN</u> | RF fwd in PP moving along LOD. | |
| | <u>LADY</u> | LF fwd in PP moving along LOD. | 1 |
| 9 | <u>MAN</u> | LF to side in PP moving along LOD pointing DW, R leg softly extended pointing DW against LOD on inside edge of toe. L knee flexed. Create a slight body turn to R and slight sway to L. | |
| | <u>LADY</u> | RF to side in PP, head line still to R and extended to R side. | 2 |
| 10 | <u>MAN</u> | Turning body to L to face between DW and LOD and swaying slightly to R, lead Lady to turn to L. Hold leg line. | |
| | <u>LADY</u> | Turning on RF to L to end backing between DW and LOD, pass LF under body and extend backwards without weight to end pointing to Wall on inside edge of toe. The head will slowly turn to L and extend backwards | 31231 |
| 11 | <u>MAN</u> | Turning body to R sharply close RF to LF commencing to rise. As both knees straighten, straighten sway and turn Lady to R into PP. End facing DW. | |
| | <u>LADY</u> | Close LF to RF turning about 1/4 to R using a wide head circle. End in PP with head to R. | 2 |
| 12 | <u>MAN</u> | LF to side in PP moving along LOD | |
| | <u>LADY</u> | RF to side in PP | 3 |
| 13-17 | <u>MAN</u> | RF fwd in PP into a Chasse from PP. | |
| | <u>LADY</u> | Starts LF fwd in PP | 12&31 |

Continue with any Natural Figure.

THE LUNGE LINE TO R can be danced in any dance, but we have chosen to show it in SLOW FOXTROT and TANGO.

Figure 6 - THE LUNGE LINE TO R IN SLOW FOXTROT (particularly useful at a corner)

QUICK OPEN REVERSE TURN - LUNGE LINE - REVERSE PIVOT - OPEN TELEMARK

COMMENCE facing DC -

- | | | | |
|-------|-------------|--|-----|
| 1-3 | <u>MAN</u> | LF fwd into a QUICK OPEN REVERSE TURN to end backing LOD | |
| | <u>LADY</u> | Starts RF back | SOB |
| 4-7 | <u>MAN</u> | RF back(toe) into FEATHER FINISH to end facing DW | |
| | <u>LADY</u> | Starts LF fwd(toe) | QOS |
| 8 | <u>MAN</u> | Turning 1/4 to L on LF, on a strongly flexed knee, RF to side into flexed knee, moving DW. RF pointing down LOD. L leg softly extended, LF pointing DC on inside edge of toe. Body sway to R and look towards Lady's head. | |
| | <u>LADY</u> | Turning to L, LF to side into flexed knee, pointing DW against LOD. R leg softly extended, RF pointing DC against LOD on inside edge of toe, head line extended to L. | S S |
| 9 | <u>MAN</u> | Replace weight to LF, straightening sway to normal upright position. | |
| | <u>LADY</u> | Replace weight to RF | Q |
| 10 | <u>MAN</u> | RF back, small step, backing DC against LOD making 1/2 turn to L - REVERSE PIVOT, to end facing DC of new LOD. | |
| | <u>LADY</u> | LF fwd, small step. | Q |
| 11-13 | <u>MAN</u> | LF fwd into OPEN TELEMARK | |
| | <u>LADY</u> | Starts RF back | SOQ |

Continue with any suitable Figure

NOTE: If down the side of the Room turn 1/4 to L on REVERSE PIVOT to end facing DC of same LOD.

COMMENCE facing DW in PP -

- Continue with any suitable Promenade figure.

NOTE: Although the count for the CHECK and the LUNGE is given as (S), the movement is normally danced on the (6) count, and the position held for the (S).

THE SAME FOOT LURGE is again a popular line. We show the figure in Waltz & Tango
Figure 8 - THE SAME FOOT LURGE IN WALTZ

QUICK FALLAWAY WHISK FROM PP - NATURAL TELEMARK ACTION FROM PP - SAME FOOT LURGE
- WEAWE ENDING.

COMMENCE in PP ready to move DW -

- 1-3 MAN RF fwd in PP into an OPEN NATURAL TURN FROM PP holding Lady
in PP to end backing DW against LOD in FALLAWAY Position
LADY LF fwd in PP(1). RF fwd turning R, still in PP(2). LF to
side in FALLAWAY Position(3) 123
- 4 MAN Turning 1/8 to R cross LF behind RF in PP leading Lady to
turn strongly R(toe, lower)
LADY Turning strongly, cross RF behind LF in PP, head line to R. 8
- 5-7 MAN RF fwd in PP moving down LOD facing DW(1). Turning 3/8 to R
LF to side to back LOD(2). Still turning 1/4 to face Centre
close RF to LF without weight(toes both feet, toe lower LF)
LADY LF fwd in PP(1). RF fwd facing LOD(2). Turning 1/2 to R
close LF to RF to back LOD(toe, lower). L hip in contact
with the inside R thigh and hip line of Man, head line to R(3) 123
- 8 BOTH Flex L knee sharply, Man sway to L. 8
- 9 MAN RF to side into flexed knee along LOD pointing DC. L leg softly
extended, LF pointing DC against LOD. Body turn slightly to R
and sway to R looking towards Lady's head (Slowly develop this
line over the 3 counts).
LADY RF back into flexed knee backing LOD. L leg extended, LF point-
ing between DW against LOD and against LOD, head line to L. 123
- 10 MAN Straighten sway to normal position, look directly fwd.
LADY Turn head line to R 1
- 11-13 MAN Replace weight sideways to LF pointing DC against LOD(2). Lead-
ing Lady to turn to L, hold position on LF rising(&). Turning 1/4
to L, RF to side backing DC of new LOD into Step 3 of WEAWE
FROM PP (toe, lower)
LADY Replace weight fwd to LF(2), turning almost 3/8 to L, RF to side
to back DC against LOD square to Man(&), turning 1/4 to L, LF
to side pointing DC of new LOD(3). 2&3
- 14-16 MAN LF back with Lady outside into Steps 4-6 of WEAWE FROM PP
LADY Starts RF fwd OP 123
- Continue with any suitable Natural Figure.
- NOTE: If down side of room turn 1/4 to L on Step 13, end backing DC of same LOD

Figure 9 - THE SAME FOOT LUNGE IN TANGO

DOUBLE FALLAWAY PROMENADE - SAME FOOT LUNGE - RECOVER - FIVE STEP

COMMENCE in PP moving along LOD -

- 1-6 BOTH Dance a FALLAWAY PROMENADE to end backing Centre leading Lady to overturn to L on Step 6 to face Centre. SQQSQQ
- 7-8 MAN LF back to centre(Q). Turning 1/4 to R, close RF to LF without weight to end facing against LOD(Q).
LADY RF fwd OP to centre(Q) turning 1/2 to R. Close LF to RF, L hip in contact with the inside R thigh and hip line of Man, head line to L(Q). QQ
- 9 BOTH Sharply flex L knee, Man sway to L &
- 10 MAN RF to side into flexed knee to Centre, pointing DC against LOD. L leg softly extended, LF pointing DW against LOD. Sway to R looking towards Lady's head.
LADY RF back into flexed knee backing Centre, L leg extended, LF pointing between Wall and DW, head line strongly to L S
- 11-12 MAN Replace weight to LF pointing DW against LOD(Q). Close RF to LF, leading Lady to turn L, to end square (Q).
LADY Replace weight to LF pointing DW(Q). Close RF to LF without weight, turning 1/4 to L to return square to Man(Q) QQ
- 13-15 MAN LF fwd DW against LOD(Q) turning to L. RF to side backing DC against LOD(Q), LF back (S)
LADY RF back(Q). LF to side pointing DC against LOD(Q). RF fwd OP(S) QQS
- 16-17 MAN RF back, small step, slight body turn to L(&). Place LF to side without weight in PP facing DW. Body turns to R(S)
LADY LF fwd (small step(&)). Turning to R place RF to side without weight in PP(S). &S

Continue with any suitable Promenade Figure.

Figure 10 - THE HUGE LINE IN WALTZ

WEAVE FROM PP TO END IN PP - HINGE - SWIVEL TO SAME FOOT LIDGE POINT - WEAVE
ENDING TO END IN PP

CONFERENCE facing DC in PP -

- | | | | |
|-------|-------------|---|---------|
| 1-6 | <u>MAN</u> | RF fwd into the WEAWE FROM PP. End in PP moving along IOD pointing DW | |
| | <u>LADY</u> | Starts LF fwd in PP, to end RF to side in PP | 123 123 |
| 7-9 | <u>MAN</u> | RF fwd in PP along IOD(1). LF to side into flexed knee in PP pointing DW, R leg softly extended, R toe pointing DW against IOD(2). With a slight body rise, then lower, turn body to L and sway to R to lead Lady to turn to L(3) [This is very similar to the THROWAWAY OVERSWAY LINE as Man]. | |
| | <u>LADY</u> | LF fwd in PP(1). RF fwd and slightly to side into flexed knee in PP along IOD (ball of foot lead)(2). Turning 3/8 to L cross LF behind RF to back IOD, and extend RF fwd against IOD without weight, toe pointing DC against IOD. Head line extended to L(3). | 123 |
| 10 | <u>MAN</u> | Hold foot position, straighten L knee, turn body to R and slight sway to L, leading Lady to take weight to RF and commence to turn to R. | |
| | <u>LADY</u> | Take weight fwd to RF against IOD, then turn on RF 3/8 to R to end with L hip in contact with R inside thigh and hip line of the Man. | 1 |
| 11-12 | <u>MAN</u> | Return to flexed knee height, close RF to LF pointing DW against IOD(2) and extend LF softly to side on inside edge of toe without weight pointing DW(3). Hold position(1). | |
| | <u>LADY</u> | Extend LF fwd down IOD without weight, toe pointing between IOD and DC(231) [SAME FOOT LUNGE POINT] | 231 |
| 13-15 | <u>MAN</u> | Take weight sideways to LF pointing DW(2), turning on LF 1/8 to face IOD and rising to lead Lady to turn L(&). Continue turning 3/8 to L, RF to side to back DW(toe, lower). [Step 3 of WEAWE FROM PP]. | |
| | <u>LADY</u> | Take weight fwd to LF down IOD(2) turning 3/8 to L. RF to side to end square to Man(&). Still turning 1/8 to L, LF to side to end pointing IOD(3). | 2&3 |
| 16-18 | <u>MAN</u> | LF back into Steps 4-6 of WEAWE FROM PP to end in PP moving along IOD. | |
| | <u>LADY</u> | Starts RF fwd OP, to end RF to side in PP
Continue into any suitable Promenade Figure. | 123 |

Figure 11 - THE HINGE LINE IN THE TANGO

OPEN PROMENADE TO BACK LOCK AND CHASSE - HINGE - RECOVER - CONTRA CHECK TO PP -
CLOSED PROMENADE

COMETICE in PP facing DW -

- | | | | |
|-------|-------------|---|------|
| 1-4 | <u>MAN</u> | LF to side in PP into the OPEN PROMENADE overturning to end facing DW against LOD. Note rhythm | |
| | <u>LADY</u> | Starts RF to side in PP | SQQQ |
| 5-8 | <u>MAN</u> | LF back, Lady outside(Q). RF back moving DC into OPEN LOCK STEP RLR(Q&Q) | |
| | <u>LADY</u> | RF fwd OP(Q). LF fwd into OPEN LOCK STEP(Q&Q) | QQ&Q |
| 9-10 | <u>MAN</u> | Turning 1/8 to L LF to side to face Wall(Q). RF closes to LF(Q) | |
| | <u>LADY</u> | RF to side(Q). LF closes to RF(Q) | QQ |
| 11-12 | <u>MAN</u> | LF to side into flexed knee in PP pointing DW, R leg softly extended, R toe pointing DW against LOD(S). Increase the L knee flexion and turn body to L and sway to R to lead Lady to turn to L(S). [This is very similar to the THROWAWAY OVERSWAY LINE as Man] | |
| | <u>LADY</u> | RF to side into flexed knee in PP(S). Turning to L cross LF behind RF to back LOD(&) and extend RF fwd against LOD without weight to point DC against LOD. Head line extended to L(S) | S&S |
| 13-14 | <u>MAN</u> | Replace weight sideways to RF, toe pointing DW against LOD(Q) Hold position leading Lady to turn to R(Q). | |
| | <u>LADY</u> | Take weight fwd to RF moving against LOD(Q). Turning to R to end square to Man LF to side, head line to R(Q). | QQ |
| 15-17 | <u>MAN</u> | LF fwd DW against LOD into CONTRA CHECK to end in PP moving along LOD | |
| | <u>LADY</u> | Starts RF back | SQQ |
| 18-21 | <u>MAN</u> | LF to side in PP into Closed Promenade | |
| | <u>LADY</u> | Starts RF to side | SQQS |

Continue with any Figure from a Closed Position.

NOTE: Although the movements of the HINGE and CONTRA CHECK are counted SLOW, the dance moves into position on Count(&) and holds the line for the SLOW count.

OPPOSITION POINT TO L Another of the lines where Man and Lady stand on the same foot.

Figure 12 - OPPOSITION POINT TO L IN SLOW FOXTROT

OVERSWAY FROM PP - OPPOSITION POINT TO L - REVERSE PIVOT - OPEN TELEMARK

COMMENCE in PP moving along LOD -

- | | | | |
|------|-------------|--|-----|
| 1-3 | <u>MAN</u> | RF fwd in PP into OVERSWAY LINE | |
| | <u>LADY</u> | Starts LF fwd in PP | SSS |
| 4 | <u>BOTH</u> | Slowly rise through supporting leg. | S |
| 5-6 | <u>MAN</u> | Close RF to LF(&). Flex R knee RF pointing DW against LOD and softly extend LF to side without weight down LOD, on inside edge of toe pointing DW(S) | |
| | <u>LADY</u> | Close LF towards RF(&). Flex R knee and softly extend L leg to return to OVERSWAY LINE now RF pointing DC(S) | &S |
| 7-8 | <u>MAN</u> | Straighten through R knee, close LF near to RF facing Wall(Q). RF back, small step REVERSE PIVOT turning 3/8 to L to face DC(Q). | |
| | <u>LADY</u> | Straighten through R knee but hold position on RF(Q). LF fwd small step REVERSE PIVOT(Q) | (Q) |
| 9-11 | <u>MAN</u> | LF fwd into OPEN TELEMARK to end in PP moving along LOD. | |
| | <u>LADY</u> | Starts RF back | QQ |

Continue with any suitable Figure from PP.

Figure 13 - OPPOSITION POINT TO L IN THE TANGO

3 STEPS FALLAWAY FOUR STEP - REPLACE AND CLOSE ACTION, - OPPOSITION POINT TO L, -
DRAG - SAME FOOT LUNGE - PIVOT - TURNING FIVE STEP

COMMENCE facing Wall -

- | | | | |
|-------|-------------|--|----|
| 1-3 | <u>MAN</u> | LF fwd into Steps 1-3 of FALLAWAY FOUR STEP to end backing DC against LOD | |
| | <u>LADY</u> | Starts RF back (Note rhythm) | QS |
| 4-5 | <u>MAN</u> | Replace weight fwd to RF in PP(S). Turning to R, close LF to RF without weight to face Wall(&) | |
| | <u>LADY</u> | Replace weight fwd to LF in PP(S). Turning square to Man close RF to LF(&) | S& |
| 6 | <u>MAN</u> | Flex supporting R knee, RF pointing DW against LOD and softly extend L leg to side along LOD on inside edge of toe, pointing DW | |
| | <u>LADY</u> | Flex supporting R knee, RF pointing DC and softly extend L leg to side against LOD on inside edge of toe pointing DC against LOD | S |
| 7 | <u>BOTH</u> | Straighten supporting R knee. Head turn to look at each other (DRAG) | S |
| 8 | <u>MAN</u> | Sharply flex R knee, softly extend L leg to regain line, leading Lady to move in front of body line (SAME FOOT LUNGE POINT) | |
| | <u>LADY</u> | Sharply flex R knee, extend L leg fwd down LOD without weight. LF pointing between LOD and DC, L hip in contact with R inside thigh and hip line of Man. | S |
| 9-10 | <u>MAN</u> | Take weight sideways to LF facing DW(&) leading Lady to turn to L. Hold position on LF turning 1/4 to face DC(Q) | |
| | <u>LADY</u> | Take weight fwd to LF down LOD(&). Turning to L to return square to Man. RF to side to back DC(Q) | &Q |
| 11-13 | <u>MAN</u> | Turning to L, RF to side to back LOD(Q), LF back DC, Lady outside(S). | |
| | <u>LADY</u> | Turning to L, LF to side pointing DC(Q), RF OP(S) | QS |
| 14-15 | <u>MAN</u> | RF back small step DC(&). Turning to L, place LF to side without weight in PP. End facing DW(S) | |
| | <u>LADY</u> | LF fwd small step(&). Place RF to side without weight in PP(S) | &S |

Continue with any suitable Promenade Figure.

THE OPPOSITION POINT TO R - This is the line where the Man extends his R leg to R and the Lady takes a position similar to a SAME FOOT LUNGE

Figure 14 - OPPOSITION POINT TO R IN THE WALTZ

CURVED FEATHER FROM PP - SWIVEL TO OPPOSITION POINT TO R - WEAWE ACTION TO END IN PP

COMMENCE in PP moving DW -

- | | | | |
|------|-------------|--|------|
| 1-3 | <u>MAN</u> | RF fwd in PP moving DW into a CURVED FEATHER STEP turning 1/4 to R to end facing against LOD | |
| | <u>LADY</u> | Starts LF fwd in PP (turning square to Man on 2nd Step) | 123 |
| 4 | <u>MAN</u> | LF back, Lady outside, backing LOD(1), then lead Lady to SWIVEL to R. Turning 1/8 to R so LF points DC against LOD flex L knee and softly extend R leg to side without weight on inside edge of toe pointing DC(2). Hold position, turning body slightly to R and sway to L(3.1) | |
| | <u>LADY</u> | RF fwd OP(1) then SWIVEL 1/2 to R on RF flexing R knee and extending L leg fwd without weight, pointing between against LOD and DW against LOD. End with L hip in contact with the inside of the Man's R hip line(2). Hold position, extending the line(3.1) Head line to R. | 1231 |
| 5-7 | <u>MAN</u> | Hold position on LF, leading Lady fwd to her LF(2). Rise through LF leading Lady square turning 1/8 to L to face against LOD(&). RF to side as in Step 3 of WEAWE FROM PP, 3/8 turn to L to back DC of new LOD(3). | |
| | <u>LADY</u> | Take weight fwd to LF(2) turning 3/8 to L, RF to side square to Man(&). Continue turning 3/8 to L, LF to side(3) | 2&3 |
| 8-10 | <u>MAN</u> | LF back with Lady outside into Steps 4-6 of WEAWE to end in PP | |
| | <u>LADY</u> | Starts RF fwd OP | 123 |

Continue with any suitable Promenade Figure.

Note: If down side of room, turn 1/8 to L on Step 7 to end backing DC of same LOD.

Figure 15 - THE OPPOSITION LINE TO R IN THE TAMCO

CHASE - CHASSE TO R - OPPOSITION POINT TO R - SAME FOOT LUNGE POINT - TURNING FIVE STEP

COMMENCE in PP ready to move along LOD -

- 1-4 MAN LF to side in PP into Steps 1-4 of the CHASE to end backing LOD
LADY Starts RF to side in PP SQQ
- 5-8 MAN LF back with Lady outside(Q) then turning 1/8 to R, RF to side and slightly back to CHASSE TO R RLR along LOD, facing DC against LOD
LADY Starts RF fwd OP QQ&Q
- 9-10 MAN LF back down LOD(Q). Close RF to LF(Q)
LADY RF fwd OP(Q) turning square to Man. LF closes to RF(Q) QQ
- 11-12 MAN Replace weight to LF in place, LF pointing DC against LOD, sharply flexing L knee leading Lady to turn to R(&). Softly extend R leg to side without weight on inside edge of toe pointing DC(S).
LADY Replace weight to RF in place turning 1/4 to R, RF pointing against LOD, sharply flexing R knee to end with L hip in contact with the inside line of Man's R hip(&). Extend L leg fwd against LOD without weight pointing between against LOD and DW against LOD, Head Line to R(S). &S
- 13-14 MAN Maintaining the flexed position of knees, close RF to LF, RF pointing DC(&). Softly extend L leg to side without weight against LOD, LF pointing DC against LOD, increase body turn to R(S).[SAME FOOT LUNGE POINT]
LADY Hold position with the same hip contact. Head line can be turned to R. &S
- 15-17 MAN Take weight sideways to LF leading Lady fwd(&). Hold position on LF leading Lady square(Q). RF to side small step turning to L to end backing DC(Q).
LADY Take weight fwd to LF(&) turning about 1/4 to L, RF to side square to Man(Q), still turning LF to side(Q). &QQ
- 18-20 MAN LF back with Lady outside DC(S). RF back small step(&). Turning 3/8 to L, place LF to side without weight in PP facing DW(S)
LADY RF fwd OP(S) LF fwd(&). Place RF to side without weight in PP(S) S&S

Continue with any suitable figure from PP

THE X-LINE This is another Opposition Line and is particularly suitable for use in the Tango.

Figure 16 - THE X-LINE IN THE TANGO

CLOSED PROMENADE TO END IN PP - FAN ACTION TO X-LINE - TAP TO PP - QUARTER BEATS
 COMMENCE in PP ready to move along LOD -

- | | | | |
|------|-------------|--|------|
| 1-4 | <u>MAN</u> | LF to side in PP into CLOSED PROMENADE holding Lady in PP throughout | |
| | <u>LADY</u> | Starts RF to side, and ends with feet facing DC in PP | SQQS |
| 5-6 | <u>MAN</u> | With a slight turn to R on RF to Facing Position(&), flex R knee turning to L, RF again pointing DW, softly extend L leg to side without weight on inside edge of toe pointing DC(S) | |
| | <u>LADY</u> | With a slight turn to L on LF to Facing Position with head line to L(&), flex L knee turning to R, LF again pointing DC, softly extend R leg to side without weight on inside edge of toe pointing DW, head line to R(S). (X-LINE) | SS |
| 7 | <u>MAN</u> | Hold position on RF, closing body to normal PP, place LF to side without weight in PP facing DW | |
| | <u>LADY</u> | Place RF to side without weight in PP | S |
| 8-12 | <u>MAN</u> | Cross LF behind RF in PP(Q). Close RF to LF in PP(&). LF to side small step in PP(Q). Close RF to LF in PP(&). Place LF to side without weight in PP(S) | |
| | <u>LADY</u> | Normal opposite | Q&XS |

Continue with any suitable Promenade Figure.

THE EROS LINE TO R Again part of the OPPOSITION LINE family, but the Lady uses an aerial R foot position, very attractive in the Waltz

Figure 17 - THE EROS LINE TO R IN THE WALTZ

OPEN NATURAL TURN - QUICK OUTSIDE SPIN - NATURAL PIVOTS - EROS LINE - CURVED FEATHER - OPEN IMPETUS

COMMENCE in PP moving DW -

- | | | | |
|-------|-------------|---|-----|
| 1-3 | <u>MAN</u> | RF fwd in PP into Steps 1-3 of OPEN NATURAL TURN to end backing DW | |
| | <u>LADY</u> | Starts LF fwd in PP | 123 |
| 4-6 | <u>MAN</u> | LF back small step with Lady outside into an OUTSIDE SPIN to end facing LOD. Note rhythm. | |
| | <u>LADY</u> | Starts RF fwd OP | 816 |
| 7-8 | <u>MAN</u> | RF fwd down LOD to continue to Spin with NATURAL PIVOTS, 1/2 turn to R, RL, end backing LOD | |
| | <u>LADY</u> | LF, RF | 23 |
| 9 | <u>MAN</u> | Turning 3/8 to R, RF to side with Heel Pull action to face DC but LF points DC against LOD on inside edge of toe(1). Slowly turn body slightly to R and use a slight body rise to lead Lady to overturn to EROS LINE(2.3) | |
| | <u>LADY</u> | Turning to R, LF to side to back DC(1) then overturn on ball of LF to R to back LOD and lift RF from the knee. Head line extended to R(2.3) | 123 |
| 10-12 | <u>MAN</u> | Hold position on RF. Lower the body rise to lead Lady to turn to L almost square(1). Then turning 1/8 to R, LF fwd facing LOD(2), continue turning 1/8 to R, RF OP facing DW(3). [CURVED FEATHER STEP] | |
| | <u>LADY</u> | Commences to lower RF, and turns body to L almost square to Man(1), RF back(2), LF back(3) | 123 |
| 13-15 | <u>MAN</u> | Continue turning 1/8 to R to back new LOD, LF back with Lady outside into an OPEN IMPETUS TURN to end moving to Centre in PP | |
| | <u>LADY</u> | Starts RF fwd OP | 123 |

Continue with any suitable Promenade Figure.

NOTE: If you require the movement to continue down the same LOD, dance Steps 13-15 as an OUTSIDE CHANGE TO PP to end facing DC.

EROS LINE TO L Usually danced as the ending of another Line Figure. 21

We show a 'cluster' of lines to include the EROS in the Waltz.

Figure 18 - EROS LINE TO L IN THE WALTZ

THROWAWAY OVERSWAY - SWIVEL TO HINGE - EROS LINE TO L - SAME FOOT LUNGE POINT -
WEAVE ENDING TO PP

COMMENCE in PP moving along LOD -

- 1-3 MAN RF fwd in PP into the THROWAWAY OVERSWAY LINE extending the
line for two bars of music
LADY Starts LF fwd in PP 123 123
- 4 MAN Hold position on LF moving slightly through the L knee, sharply
turning body to R and changing sway slightly to L as in 2nd
Step. Lead Lady to turn strongly to R.
LADY Turning 3/8 to R on RF to face LOD, close LF to RF, head
line to R. 1
- 5 MAN Slowly lowering through L knee turning body to L and changing
sway to R, lead Lady to the HINGE LINE
LADY Turning 1/2 to L on LF to back LOD, flex L knee and extend RF
fwd without weight against LOD. RF pointing between against
LOD and DC against LOD. 23
- 6 MAN Hold position on LF, rising through L knee, RF closes towards
LF, turning body to R with slight L sway, leading Lady fwd
and to turn to R(1). Hold position(2.3)
LADY RF fwd against LOD then turn on RF 3/8 to R, pointing DC and
lift LF from the knee to L side(1). Hold position, head line
to L(2.3) 123
- 7 MAN Close RF to LF, RF facing DW against LOD into flexed knee(&),
extend LF to side along LOD on inside edge of toe pointing DW,
body turn slightly R(1). [SAME FOOT LUNGE POINT]
LADY Flex sharply through R knee RF facing LOD(&), lower LF and extend
LF fwd across in front of Man without weight down LOD, pointing
between LOD and DC, head line to R. L hip now in contact with
the inside R hip and thigh line of the Man(1). 61
- 8-10 MAN Take weight sideways to LF leading Lady fwd(2). Rising on LF
turning 1/4 to L to face DC leading Lady square(&). Continue
turning 1/4 to L, RF to side backing DW as third step of a
WEAVE FROM PP(3)
LADY Take weight fwd to LF(2) turning 3/8 to L, RF to side square
to Man(&). Continue turning LF to side(3) 2&3
- 11-13 MAN LF back with Lady outside into Steps 4-6 of WEAVE to end in PP
LADY Starts RF fwd OP 123
- Continue with any suitable Figure from PP.

THE DOUBLE EROS LINE This is where both Man and Lady use an aerial leg action.

Figure 19 - THE DOUBLE EROS LINE IN THE SLOW FOXTROT

QUICK FALLAWAY WHISK FROM PP - NATURAL PIVOTS - DOUBLE EROS LINE - BACK CHECK - NATURAL PIVOT - NATURAL WEAVE

COMMENCE in PP moving DW -

- | | | | |
|-------|-------------|--|---------|
| 1-4 | <u>MAN</u> | RF fwd in PP into QUICK FALLAWAY WHISK to end facing LOD
(See Fig.8 for details) | |
| | <u>LADY</u> | Starts LF fwd in PP | SXXX& |
| 5-8 | <u>MAN</u> | RF fwd in PP to continue to Spin 1.7/8 turns to R down LOD
with NATURAL PIVOTS, RLRL, to end facing DC | |
| | <u>LADY</u> | Starts LF fwd in PP | XXXX |
| 9 | <u>MAN</u> | RF fwd facing DC then rise strongly on RF turning 1/4 to R
with LF lifted from the knee to the L side to back DC against
LOD, Head Line to L. Note rhythm. | |
| | <u>LADY</u> | LF back then rise strongly on LF turning 1/4 to R with RF
lifted from the knee to R side. Head line to R | SS |
| 10 | <u>MAN</u> | Continue turning 1/8 to R, LF to side to back Centre on toe
then lower to flexed knee, L Sway. | |
| | <u>LADY</u> | Continue turning 1/4 to R, RF to side on toe to point DC, then
lower, head line still to R. | |
| 11 | <u>MAN</u> | Turning 1/8 to R, RF back into a Back Check to back DC, R knee
well flexed, slight sway to R. | |
| | <u>LADY</u> | LF fwd into flexed L knee, head line to L. | S |
| 12 | <u>MAN</u> | Now at a Corner - LF back, turning 1/2 to R to face DW of new
LOD - NATURAL PIVOT | |
| | <u>LADY</u> | RF fwd. | & |
| 13-20 | <u>MAN</u> | RF fwd facing DW into a NATURAL WEAVE to end facing DW | |
| | <u>LADY</u> | Starts LF back | SXXXXXS |

Continue with a Three Step or other suitable Figure.

NOTE: If you require the movement to continue down the same LOD, overturn Step 9 & 10 THE DOUBLE EROS, to end backing LOD, then continue with similar amounts of turn to continue along same LOD.

THE CONTRA CHECK A very useful figure in every dance. We choose to show this in the Waltz and Tango.

Figure 20 - THE CONTRA CHECK IN THE WALTZ

FALLAWAY REVERSE TURN - REVERSE PIVOT - CHANGE OF DIRECTION - CONTRA CHECK - NATURAL PIVOT - NATURAL TURN

COMMENCE facing DC -

- | | | | |
|------|-------------|--|------|
| 1-4 | <u>MAN</u> | LF fwd facing DC into a FALLAWAY REVERSE TURN and REVERSE PIVOT to end facing DW | |
| | <u>LADY</u> | Starts RF back | 123& |
| 5-7 | <u>MAN</u> | LF fwd facing DW into Steps 1-3 of CHANGE OF DIRECTION, making 1/2 turn to L to face DC against LOD | |
| | <u>LADY</u> | Starts RF back | 123 |
| 8 | <u>MAN</u> | Flexing supporting R knee, LF fwd into a flexed knee with a body turn from R knee to the L, moving DC against LOD [CONTRA CHECK] | |
| | <u>LADY</u> | Starts RF back | 1 |
| 9-10 | <u>MAN</u> | Replace weight back to RF(2). LF back turning 1/2 to R to end facing DW(3) [NATURAL PIVOT] | |
| | <u>LADY</u> | Replace weight fwd to LF(2). RF fwd(3) | 23 |

Continue into Steps 1-3 of a Natural Turn with any suitable ending.

Figure 21 - THE CONTRA CHECK IN THE TANGO

FIVE STEP - PROMENADE LINK - CONTRA CHECK TO PP - CLOSED PROMENADE

COMETENCE facing DW -

- | | | | |
|-------|-------------|---|-------|
| 1-5 | <u>MAN</u> | LF fwd into FIVE STEP to end facing DW in PP (see full description in Figure 9) | |
| | <u>LADY</u> | Starts RF back | QQS&S |
| 6-8 | <u>MAN</u> | LF to side in PP into PROMENADE LINK to end facing Wall | |
| | <u>LADY</u> | Starts RF to side in PP | SQQ |
| 9 | <u>MAN</u> | Flexing supporting R knee, LF fwd into flexed knee with body turn from R knee to the L, moving to Wall [CONTRA CHECK] | |
| | <u>LADY</u> | Starts RF back | S |
| 10-11 | <u>MAN</u> | Replace weight back to RF with body turn to R(Q). Place LF to side without weight in PP facing DW(Q) | |
| | <u>LADY</u> | Replace weight fwd to LF(Q). Place RF to side without weight in PP(Q) | QQ |
| 12-15 | <u>MAN</u> | LF to side in PP into a CLOSED PROMENADE | |
| | <u>LADY</u> | Starts RF to side | SQQS |

Continue into any suitable Promenade Figure

THE CHAIR - Another Check Figure that can be very useful at corners, or to avoid other couples. It can be danced in all dances, but we have chosen the Waltz and Tango.

Figure 22 - THE CHAIR IN THE WALTZ

OPEN TELEMARK - CHASSE IN PP - CHAIR - REVERSE PIVOT - OPEN TELEMARK

COMMENCE facing DC -

- | | | | |
|-------|-------------|--|------|
| 1-3 | <u>MAN</u> | LF fwd into OPEN TELEMARK to end moving along LOD in PP | |
| | <u>LADY</u> | Starts RF back | 123 |
| 4-7 | <u>MAN</u> | RF fwd into Steps 1-4 of a PROGRESSIVE CHASSE FROM PP, leading Lady to remain in PP throughout | |
| | <u>LADY</u> | Starts LF fwd in PP and ends RF to side in PP | 12&3 |
| 8 | <u>MAN</u> | Flexing supporting L knee, RF fwd in PP into flexed knee, moving along LOD. | |
| | <u>LADY</u> | LF fwd in PP | 1 |
| 9-10 | <u>MAN</u> | Replace weight back to LF(2). RF back small step turning 1/4 to L to face DC(3). [REVERSE PIVOT] | |
| | <u>LADY</u> | Replace weight back to RF then turning on RF(2), LF fwd small step [REVERSE PIVOT] (3) | 23 |
| 11-13 | <u>MAN</u> | LF fwd into OPEN TELEMARK | |
| | <u>LADY</u> | Starts RF back | 123 |

Continue with any suitable Promenade Figure.

Figure 23 - THE CHAIR IN THE TANGO

NATURAL PROMENADE TURN - CHAIR - REVERSE PIVOT - TURNING FIVE STEP

COMETICE in PP ready to move along LOD -

- 1-4 MAN LF to side in PP into Steps 1-4 of NATURAL PROMENADE TURN
 to end facing LOD
 LADY Starts RF to side in PP SQJ
- 5 MAN Rising through ball of RF continue turning to R, LF to side
 in PP moving along LOD, (ball of foot, lower)
 LADY Rising through ball of LF, continue turning to R, RF to side
 in PP, (ball of foot, lower)
- 6 MAN Flexing supporting L knee, RF fwd in PP into flexed knee
 moving along LOD
 LADY LF fwd in PP
- 7-8 MAN Replace weight back to LF(Q). RF back small step turning 1/4
 to L to face DC(Q) [REVERSE PIVOT]
 LADY Replace weight back to RF, then turning on RF(Q) LF fwd, small
 step(Q) [REVERSE PIVOT] Q
- 9-13 MAN LF fwd DC into TURNING FIVE STEP to end in PP moving along
 LOD
 LADY Starts RF back QXS&

Continue with any suitable Promenade Figure.

We do hope you have found these Figures useful and instructive.

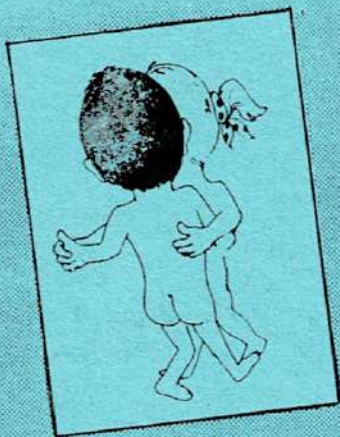
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